





4-DAY – 2022 Summer Junior Golf Camps – Combined Ages 5-7, 8-10 & 11-? 3 Days (7.5 hours) Lesson Days (Mon., Tue., Wed.) 8:30am – 11:00am Development & Instruction:

- Golf FUNdamentals
- Motor/Sports skills coordination, stretching, agility, feel, and proper stability and mobility.
- FUN skill challenges & contests

1-Day (2.5 hours) On-Course Play Day (Thursdays) 7:30am – 10:00am Parents Invited to Caddy for Kids!!

Activities and progression throughout camp are focused on enjoying learning and improving golf ability utilizing <u>driving range and on-course skills training</u>, <u>fitness and games</u>, <u>targeting</u> development of proper swing and fundamentals.

## **Registration Form**

Name of Camper:Parent/Gaurdian:		Age:
		Allergies:
Email:		Phone:
COST:	\$125.00/camper for all 4-Days - \$100.00 for additional camps	
PAYMENT:	Mail to Lake Forest Y&CC - 1 Golf Terrace – Daphne, Al 36526 or drop off at the golf shop. Contact Brian L. Barker, PGA Head Golf Professional, 251-626-9324 or email <a href="mailto:lfproshop@lakeforestdaphne.com">lfproshop@lakeforestdaphne.com</a> .	