



LAKE FOREST

MARCH 2026

NEWSLETTER



editor@lakeforestdaphne.com

251.626.0788

Meet the Candidates

Members got an informal opportunity for about three hours Feb. 24 to chat with the candidates for the four board of director positions.



The candidates (left to right, rear) are: Gilberto Colon, James Cash, Hillary Johnson and Tom Opdyke; (front) Sharon St. Laurent, Alli Flowers and Misty Sabol. Not pictured: Victor Lejeune, who was said to be on a long-planned vacation. Instructions on how to vote are inside this edition.

Candidate resumes are at the end of the newsletter.

See more photos online at:

www.lakeforestdaphne.com/bodelections

Inside this Edition



Terre Farlow (left) and Renee Burns wrapped themselves in toilet paper to win an Olympic fun event at the Women's Club. See story Page 19

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Fees for Boat Dry Storage Increasing

Fees for boat dry storage at the community-owned site next to the Waterfront restaurant will increase from \$55 to \$75 beginning March 1.

The site has storage capacity for about 40 boats, depending on size. There are no available spaces at the moment, but Lake Forest residents receive priority on the waiting list.

Proof of state registration and insurance are required to use the storage.

⚡ LFPOA PRESENTS ⚡

CHILI COOK-OFF

MARCH 7, 11 AM TO 1 PM



BRING THE HEAT!

Call the office at 251-626-0788 or email at lakeforestcc@lakeforestdaphne.com, to register for this event.

Contest is for LFPOA Members Only.
Anyone can attend and vote.

www.lakeforestdaphne.com

What You Need to Know about the Board Election

Ballots for this year's election of four members to the board of directors were sent Feb. 23. If you haven't received yours, please contact the office at 251-626-0788.

The election will be held at the annual meeting on March 26 at the clubhouse, 1 Golf Terrace. Members may vote in advance or bring their ballots to the meeting.

The top three vote-getters will serve three years. The fourth-highest in the voting will complete a term that has two years remaining.

Here are some common questions:

Annual Meeting

March 26.

See story Page 8

Q: I'm confused about the proxy and the ballot.

A: Because the bylaws require attendance of 5 percent of the members in good standing to establish a quorum, the association allows attendance by proxy. When you vote for a candidate, you use the ballot. The proxy part is the instruction to the directors to cast your votes as you directed on the ballot. If you show up at the annual meeting and vote in person, no proxy is necessary. You can simply fill out the ballot, complete the outside of the ballot envelope, put the ballot in the ballot envelope, and drop it in the ballot box to vote.

Q: I got an envelope within an envelope. What am I supposed to do?

A: There is a proxy envelope and a ballot envelope. The proxy, which instructs the board on how you want to cast your vote, and ballot are on the same document in the envelope. The proxy is the top section of the document and the ballot is the middle section where you vote for candidates.

If you intend to vote by mail or in advance of the annual meeting, you should complete the proxy and ballot portions of the document, place it in the ballot envelope, seal and sign it, and write your address and membership number on the envelope.

You do not need to complete the area under the dotted line below the candidate choices unless you did not vote for anyone and want the two designated board members to choose candidates on your behalf.

Q & A cont'd

Place the completed ballot envelope in the proxy return envelope and mail it or hand deliver it to the association office. If you intend to vote at the annual meeting, just bring the ballot envelope with your ballot inside. Make sure it is sealed and signed and has your address and membership number on it.

Be certain to use the ballot envelope. Proxies returned without the identifying information on the outside of the ballot envelope completed cannot be verified and, thus, will not be counted. Once a proxy has been received by the association, it may not be revoked.

Q: How do I vote?

A: You can return your ballot by mail to the office, drop it off at the Lake Forest office (1 Golf Terrace) or deposit it in the ballot box March 26 at the annual meeting, but no later than 10 minutes after the meeting has been adjourned.

Q: When can I vote?

A: Voting is open and ends March 26.

Q: How often can I vote?

A: There is one vote per lot owned.

Q: If two people are on the deed, do we get two ballots?

A: No. The bylaws say one ballot per lot, regardless of the number of people on the deed.

Q: How many candidates can I vote for?

A: You can vote for up to four candidates.

Q: May I vote for fewer than four?

A: You may.

Q: What if I vote for more than four?

A: Your ballot will be disqualified.

Q: When will I know the election results?

A: Ballots are counted by Lake Forest staff the day after the annual meeting, March 27.

Q: Can I witness the count?

A: Candidates or their designees may witness the count.

Q: When do the newly elected directors take office?

A: The current president calls an organizational meeting of the directors shortly after the election. The terms begin at that meeting.

VOTE

Message Regarding the Annual Meeting Voting Process

We've received a few questions and concerns regarding the Proxy form that was sent out for the upcoming Annual Meeting and Board election, specifically about the bottom portion of the Proxy form and voter privacy. The Board wants to clarify this to avoid any confusion and give voters who desire it a second option.

A ballot envelope was mailed out with the Proxy. The "Ballot Envelope" is the envelope that has a space for your name, address, member #, signature, etc. on the outside. The Official Proxy document was also sent to you, and it has a place for you to fill in your information and sign. This is so Lake Forest staff, whose job it is to actually count the votes, can verify the person submitting the completed Proxy is a member of the Association in good standing.

Here are the two options for submitting your vote:

Option 1. Just complete what was mailed to you. For those who are comfortable filling in the information at the bottom of the Proxy, complete the form and submit it.

– OR –

Option 2. Use this if you would rather not fill in the information. The Election Committee has determined that it will consider the proper completion of the Ballot Envelope as your appointment of the Proxy. Fill in the top part of the Proxy form (casting your vote). After you fill in the top part indicating your votes, put the Proxy in the Ballot Envelope, seal it, and fill out your identifying information on the outside of the Ballot Envelope and submit it. The outside of the Ballot Envelope must include your name and address printed legibly, and your signature. If you use Option 2, you may leave the bottom part of the Proxy – where it asks for name, address, signature, etc. – blank, but you must fill in the outside of the Ballot Envelope to have your vote and Proxy counted. Please follow these instructions so your decision/vote will count.

Message cont'd

To submit your vote, mail it to the Office (1 Golf Terrace, Daphne, AL 36526), drop it off at the Lake Forest office, or bring it in person to the Annual Meeting.

Completed documents will be placed in the lockbox until the vote count. For those Proxies submitted in a properly completed Ballot Envelope (under Option 2) votes are handled in a way that maintains privacy. Lake Forest staff will verify the voter is a voting member, then separate the Ballot Envelope from the Proxy according to the usual practice, and then the votes are counted. Whether you choose Option 1 or Option 2, all properly submitted votes of members in good standing will be accepted and counted.

We understand and respect that some members prefer to remain anonymous, and that choice is fully honored.

Thank you for raising your concerns and for participating in the election process. If you have any additional questions, please do not hesitate to reach out.

The Lake Forest Election Committee and Management

LAKE FOREST PROPERTY OWNERS ASSOCIATION, INC.
ONE GOLF TERRACE • DAPHNE, ALABAMA 36526

PROXY

This Proxy is solicited on behalf of the Board of Directors of the Lake Forest Property Owners Association, Inc. ("LFPOA"). This is also notice of the Annual Meeting of members scheduled for March 26, 2026, at 6 p.m. at the 19th Hole. Address is One Golf Terrace, Daphne, Alabama

The undersigned LFPOA member hereby appoints Mathew Laws and Charlotte Graham as Proxy, with the power to appoint his/her own substitute, and authorizes my Proxy to appear at the Annual Meeting of members as scheduled.

The designated Proxy holder(s) shall have all the powers that the undersigned would have if acting in person, subject to my instructions below in voting for candidates for the Board of Directors.

ELECTION OF DIRECTORS:
If you prefer that the appointed proxies pick the candidates to vote for, leave this part blank.
There are four (4) seats on the Board of Directors up for vote.
Vote for up to four candidates, but only one vote per candidate.
Votes of more than 1 per candidate, or more than 4 total votes, cannot be counted.
Voting for fewer than 4 candidates will be honored.
Use an "X" to indicate your selections.

_____ Cash, James	_____ Lejeune, Victor
_____ Colon, Gilberto	_____ Opdyke, Tom
_____ Flowers, Alli	_____ Sabol, Misty
_____ Johnson, Hillary	_____ St. Laurent, Sharon

You must sign your name and fill in the information below for your Ballot to count.

DATE SIGNED: _____

_____ LAKE FOREST UNIT & LOT NUMBER	_____ MEMBER NUMBER
_____ SIGNATURE OF MEMBER	_____ PRINTED NAME (WRITE LEGIBLY)
_____ PHYSICAL ADDRESS OF LOT	

Under Alabama law, directors are elected by plurality of the vote and cumulative voting is not allowed, unless the governing documents state otherwise – ours do not state otherwise. Ala. Code § 10A-3A-7.27

Reserve Your Annual Meeting Seat

The annual meeting of the Lake Forest Property Owners Association will be held at 6 p.m. March 26 at the clubhouse, 1 Golf Terrace.

In addition to this being the last opportunity to vote for four directors, the annual meeting is a review of 2025 and a look at plans for 2026. Sort of a state of the subdivision.

Association President Matt Laws, General Manager Jeff Arrant, consulting CPA Bill Donathan and others will highlight achievements and roadmap the future. Space is limited.

Please contact the office to reserve a space. Call 251-626-0788.

A live link for remote viewing on Zoom will be provided to members. Watch your email.

Lake Forest POA
ANNUAL
Meeting
6 p.m. March 26

Larry Hairelson, golf maintenance mechanic, dead at 66

The longest-tenured Lake Forest employee has died.

Larry Hairelson passed away Feb. 26. He just had turned 66.

Born in Pensacola, Larry had been a mechanic with the POA since 1988.



Larry Hairelson

“Larry was always in a good mood or you couldn’t tell if he wasn’t,” said POA Director Sharon St. Laurent, a golfer who often talked with Larry as he went about his duties. “He kept everything running around here.”

General Manager Jeff Arrant described Larry as “quite a man, who always had a smile and friendly comment for everyone he passed. He was the constant that held the golf maintenance department together. He’ll be missed.”

Larry is survived by his mother and a brother.

Arrangements were incomplete at the time of publication.

est. 1971

It's a Hole-in-One!

Sharon St. Laurent became a golf statistic in the best way on Feb. 25 when she had her first hole-in-one.

Oddly, it wasn't at Lake Forest, her home course.

Because Lake Forest was hosting a Daphne High School girls tournament, Sharon and golf partner Betty Munn went up the road to play Holly Hills, Bay Manette's municipal course. Sharon shot a 5 on Hole 1, a par 4. A routine start.

Then hitting a 7-iron, she aced Hole 2, which was playing about 113 years with the pin in the back of the green.

"I thought the ball went off the back but I couldn't find it," says Sharon. "Then, Betty said, 'Look in the hole.' And there it was."

With that, Sharon became one of the 128,000 players a year who score a hole-in-one. Mikki Bjuro, the pro at Holly Hills, said the players score aces most frequently on holes 2 and 8, the two par 3s on the 9-hole course.

A hole-in-one generally calls for a celebration. Depending on tradition, a player who shoots an ace might have to buy drinks for those playing with him or her or for the entire bar when the player finishes the round.

"It was just me and Betty and we don't drink, so I got lucky," Sharon says. Lucky, too, that Sharon wasn't playing in Japan.

An ace in Japan can cost thousands of dollars because of a tradition that can require big parties, expensive gifts and specially made items commemorating the big event. It can be so costly that some players buy hole-in-one insurance.

Because Holly Hills is a 9-hole course, she played the course twice to make the regulation round of 18.

She shot a 4 on Hole 2 the second time.

"I didn't even get on the green with my tee shot the second time. Golf is funny that way," she says.



Sharon St. Laurent celebrates her hole-in-one.



Why I Moved to Lake Forest

‘Lifestyle Seals the Deal’

By Haley Montgomery

After my divorce, I needed a change of scenery — something that felt like a reset, personally and professionally.

I was living on acreage in Fairhope but wanted a more social atmosphere. As a real estate broker, I’ve seen just about every neighborhood along the Eastern Shore, and Lake Forest had a pull I couldn’t ignore. The mature trees, rolling hills and sense of community reminded me why people fall in love with this area in the first place.

Living here — near the Lawson Road entrance -- I get to experience what I’ve always told my clients: location matters, but lifestyle seals the deal.

I get to experience what I’ve always told my clients: location matters, but lifestyle seals the deal.

Between the golf course, tennis courts, three pools and a marina on Mobile Bay, there’s always something that makes home feel like a retreat.

My dog Elton and I walk every evening and have made many friends while also visiting with my numerous past clients.

And when I need to be out and about, I can reach downtown Daphne, Fairhope or even Mobile in minutes — everything from restaurants and shops to the bay itself is right at my fingertips.



Haley Montgomery

New to Lake Forest and want to tell your story? Reach out to us editor@lakeforestdaphne.com



**FISH FRY SPECIAL
ALL DAY FRIDAY
UNTIL 5 PM, THROUGH APRIL 3**

Fish, hush puppies, fries and
your choice of tartar or
cocktail sauce

Only

\$10.99!



MARDI *Grass!* PICS





A member asks:

Q: : When I lease my property to a tenant, what do I have to do?

A: The property owner must file an application with the association that states the tenant's name, age, permanent address, length of the lease and all contact information. It is the responsibility of the property owner to keep all information current.

Ask Us About...

Want to know something about how the association operates or key dates for events during the year? How about more information about elections or the budget?

Send your queries to editor@lakeforestdaphne.com

Lake Forest Life

If you have news, we want to share it with your neighbors. Important wedding anniversaries, milestone birthdays, births, weddings, graduations or other key points in life – drop us a line. Photos are encouraged. Please include contact information. editor@lakeforestdaphne.com

Traffic Study Requested for Intersection

The board of directors has asked the City of Daphne to conduct a traffic study at Windsor and Ridgewood drives.

“We don’t know for sure what we should do there, but we have had member requests to take a look at it, possibly for a four-way stop sign,” said General Manager Jeff Arrant.

Stop signs are posted at northbound Ridgewood and southbound Lake Forest Boulevard, which is a continuation of Ridgewood but with a name change.

Windsor has no stop sign for eastbound or westbound traffic crossing the Ridgewood/Lake Forest intersection. Eastbound traffic on Windsor also has a right-turn-keep-moving lane onto southbound Ridgewood.

Windsor Drive is one of the primary entrances to Lake Forest and most traffic makes a right onto Ridgewood.

The board voted unanimously Jan. 22 to approve an Infrastructure Committee resolution requesting the study.

Gilberto Colon, the LFPOA city liaison, presented the resolution to city council on Feb.16.



Windsor Drive - Ridgewood Drive/Lake Forest Boulevard intersection has a two-way stop that allows traffic going east on Windsor to continue without stopping if making a right onto Ridgewood or going straight on Windsor.

February Bingo Winners



Game 1, Deb with bingo caller Sharon St. Laurent



Game 2, Amber



Game 3, Bob



Game 4, Christina



Game 5, Harold



Drawing winner Sam



Drawing Winner Bill



Drawing Winner Joyce with bingo caller Sharon St. Laurent

Catch the next
Burgers and Bingo
night March 18.

ARE YOU READY

BURGERS AND

B I N G O

MARCH 18

Great Prizes!!

Burger Special 4 p.m. to 8 p.m.

BINGO 7 p.m. to 8:30 p.m.

Bingo Cards are for LFPOA Members Only

Pool Furniture Giveaway

How about free pool furniture?

The association is giving away 81 vinyl strap chaise lounges that were used at the three pools.

Chairs will be available outside the pool fences on March 2.

There are:

- 20 at Ridgewood, 102 Plaza Circle;
- 31 at Montclair, 208 Montclair Loop; and
- 30 at Swim and Racquet, 197 Country Club Drive

Please be considerate of other members and take no more than two chairs.

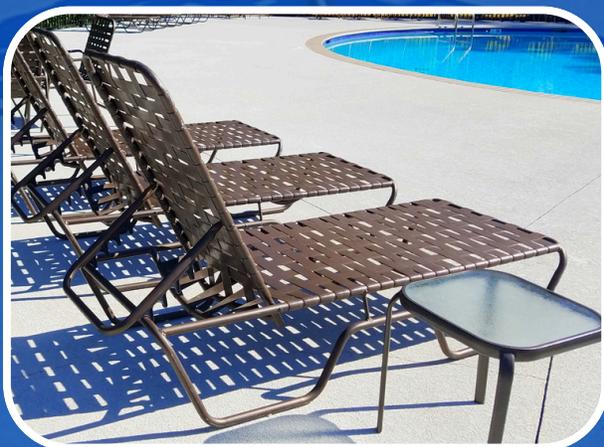
The loungers are being replaced by a polywood chaise that will have more durability.

“There’s still some life in these old loungers; they just look rough because the color has faded,” says General Manager Jeff Arrant. “Pressure wash them, put on a pad and they’re good to go.”

The board had considered selling the chairs but the cost in time and staff hours probably would have outstripped any gain, Arrant says.

“We negotiated a good price on the new chaises so we’re passing on the benefit to members,” he adds.

In addition to the pool furniture, the association also is replacing the table umbrellas.



Going for the Gold in Innovation

By Alli Flowers

Terre Farlow called the February meeting to order at 10:05 a.m.

Inspiration was given by Sheila, who explained the difference between inspiration and motivation.

This was followed by a short reading showing “The Power of One,” and inspirational movie quotes.

The ladies then divided into teams played Winter Olympics Minute to Win It. The final challenge of the competition was to create a snowman using materials available only in the meeting room, Terre Farlow and Renee Burns took that event.

We then took a break to enjoy treats from Patricia, Mary and Renée. Everything was delicious!

Next month, we will present a fashion show. You won't want to miss this! March meeting hostesses will be Kathy, Terre, and Mary Taulbee.

Alli won the 50/50 drawing, and Sylvia, Patricia, and Terre took home some beautiful door prizes.

See more photos at the LFWC website: <https://sites.google.com/view/lfwcdaphne/>



Terre Farlow (left) and Sheila Small work on an Olympic project.



Mary Loury (left) and Sheila Small prepare party balloons.

Garden Club News

By Jane Spicciani

Michelle Prouty spoke on shrubs, focusing on varieties of azaleas. She explained that apart from azaleas, the second most popular plant that Corner Copia Gardens Nursery sells on Highway 181 is drift roses. Michelle also mentioned utilising Proven Winners, so choosing great plants for this area. Patronising local businesses makes all of us winners.

Diane Foster, Patricia Popp, and Mary Taulbee took the Mardi Gras theme on the refreshment table and made magic.

The garden club will be practicing plant names on March 5th at 10 am at Hole 19 by playing plant bingo. We'd love to see you.



Rebecca Trosclair left talking to Michelle Prouty.



Diane Foster, Patricia Popp, and Mary Taulbee

Golf Pro's Corner

By Todd Bailey

We saw a little bit of every type of weather condition in the month of February, and made it through with tremendous success. The Daphne High School Girls Invitational wrapped up on February 25 with temperatures in the 70s. Spanish Fort won the Team competition while the Daphne Trojan ladies finished second place. Now we look forward to the start of a very busy tournament season in the months of March and April.

Wednesday, March 4, Ladies team play 9:00 shotgun

Thursday, March 5, Southern Seniors 8:30 shotgun

Saturday, March 14, MGA Irish 3 ball 9:00 shotgun

Thursday, March 19, Ladies Interclub 9:00 shotgun

Saturday, March 21, Checkmat Daphne 8:30 shotgun

We will keep you updated in the next issue for further events scheduled for April. Meanwhile, our ongoing progress will see more tree work being done and our improvements to the driving range is scheduled for this month. As always, we would like to thank Jake and his crew for the fantastic work being done to make Lake Forest the best it can be.

Don't forget all of our great league play. All our leagues play every month, even through the winter.

- Men's Golf Association
- Ladies Golf Association
- Senior Couples Golf Association



Karleigh Brannan of Saraland on the third hole of the DHS Mardi Gras Invitational



Another Lake Forest Team Qualifies for the USTA State Tournament

Congratulations to our 2.5 night team for qualifying for the USTA State Tournament. After the last match was played on Feb. 25, Team Kennedy finished undefeated for the season. What an accomplishment. At the moment we are waiting results for the first week of March to see if another LF team (our USTA 3.0 team) will qualify for the state tournament also. It is literally coming down to the last match of the season for team Middleton. Good luck ladies.

First Beginner Class of 2026 off to a Great Start

What a start to our 2026 beginner tennis program. We had 15 ladies attend the first class. This class is going to be awesome. Volley's groundstrokes, serves, we managed to teach all 5 shots the first day of class. Week 4 we will definitely be keeping score and playing matches.



2026 beginner class group pic

Calendar of Events

MARCH 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1.	2.	3.	4. MGA Board Meeting 4 pm Burger Special Night 4 to 8 pm	5. Garden Club 10 am	6. Fish Fry Special	7. Chili Cook-off 11 to 1 pm	
8.	9.	10.	11. Burger Special Night 4 to 8 pm	12. City Affairs & Liaison Committee 4 pm* Lake & Environment Committee 5 pm*	13. Fish Fry Special	14.	
15.	16. Communications Committee 5 pm* Infrastructure Committee 6 pm*	17.	18.  Burgers and Bingo 4 - 8:30pm	19. Women's Club 10 am Work Session 6 pm	20. Fish Fry Special	21.	
22.	23.	24.	25. Burger Special Night 4 to 8 pm	26. Annual Meeting 6 pm	27. Fish Fry Special	28.	
29.	30.	31.					
*Committees meet at the LFPOA clubhouse, 1 Golf Terrace.			251-626-0788 www.lakeforestdaphne.com				

STAY INFORMED

Board of directors meets at the clubhouse,
1 Golf Terrace.

Work Session March 19, 6 PM
Annual Meeting March 26, 6 PM

**TO GO
ORDERS**



251-626-4520

www.LakeForestDaphne.com



**TO GO
ORDERS**

251-626-4520

www.LakeForestDaphne.com

ENTREES

Served with your choice of 1 side

Cheeseburger \$7.00

Juicy beef patty served on a toasted bun with lettuce, tomato, onion, and pickles
Add Bacon \$1.50

Double Cheeseburger \$9.50

2 juicy beef patties served on a toasted bun with lettuce, tomato, onion, and pickles
Add Bacon \$1.50

2 Hotdogs \$5.00

Classic hot dogs on a bun, topped with your choice of condiments

Grilled Chicken Sandwich \$8.00

Grilled chicken breast served on a toasted bun with lettuce, tomato, onion and pickles

Fried Chicken Sandwich \$8.00

Fried chicken breast served on a toasted bun with lettuce, tomato, onion and pickles

BLT Sandwich \$6.00

Juicy tomatoes, lettuce and bacon served on sandwich bread

Ham and Cheese Sandwich \$6.00

Sliced ham and melted cheese served on sandwich bread

Grilled Cheese Sandwich \$5.00

A comforting classic - melted cheese between two slices of grilled bread

Chicken Tenders \$7.00

Crispy chicken tenders served with your choice of ranch, BBQ, or honey mustard

Breakfast

Sausage Biscuit \$2.00

Breakfast Sandwich \$6.00

Sides

French Fries \$3.00

Sweet Potato Fries \$3.00

Onion Rings \$4.00

*Consuming raw or undercooked meats or seafood may pose an increased risk of foodborne illness.

1 Golf Terrace, Daphne AL, 36526

DAPHNE SOLID WASTE Holiday Schedule

HOLIDAY

New Years Day 2026
Martin Luther King, Jr Day
Memorial Day
Juneteenth
Independence Day
Labor Day
Veterans Day
Thanksgiving Day
Day After Thanksgiving
Christmas Eve
Christmas Day
New Years Day 2027

NO PICK UP

Thursday, January 1
Monday, January 19
Monday, May 25
Friday, June 19
Friday, July 3
Monday, September 7
Wednesday, November 11
Thursday, November 26
Friday, November 27
Thursday, December 24
Friday, December 25
Friday, January 1

ALTERNATE DAY

Wednesday, December 31
Wednesday, January 21
Wednesday, May 27
Wednesday, June 17
Wednesday, July 1
Wednesday, September 9
Thursday, November 12
Wednesday, November 25
Wednesday, November 25
Wednesday, December 23
Wednesday, December 23
Wednesday, December 30

There will be NO alternate days for Trash/Yard Debris.

Daphne Public Works
251-620-2100
www.daphneal.com



James Cash - BOD Candidate

JAMES F. CASH



SUMMARY:

A successful 30 year executive management career encompassing marketing, field sales and sales management with officer level administration responsibility. Proven oral and written communication skills; also leadership skills as evidenced through numerous public and private board and committee positions, as well as numerous public speaking, and college level teaching positions.

EMPLOYMENT HISTORY:

- 1999-present:** **Retired-** Adjunct professor for business and marketing, University of Phoenix, Professional Yacht skipper, 100 ton near coastal USCG Master's license; Professional charter captain and ASA sailing instructor; Business and marketing consultant, Marina Sailing, Inc., Yacht sales – Yacht Exchange, Marina del Rey, CA, Yacht Broker Turner Marine, Mobile, AL, currently write a column for *Latitudes and Attitudes Magazine*, Author of book *First Time Across*.
- 1995-1999** Director- Marketing, Farmers Insurance Group, Los Angeles, CA (took early retirement option)
- 1986-1994** President, Huntington National Life Ins. Co., and Director of Insurance Operations for Huntington Banshares Inc., Also, President Huntington Property and Casualty and Life Insurance Agencies, Columbus, OH
- 1981-1986** Director, Insurance Markets Development, Nationwide Insurance Group, Columbus, OH
- 1979-1981** Vice President, Marketing Services, J.C. Penney (Great American Reserve) Life Insurance Co. Dallas, TX
- 1974-1979** Senior Marketing Consultant, Life Insurance Marketing and Research Association (LIMRA), Hartford, CT
- 1968-1974** Management trainee Hart Schaftner and Marx, Chicago, IL
- Other:** Faculty Ohio State University - Graduate Seminar in Life Insurance, Business School – 1991
Faculty University of Phoenix – Graduate and undergraduate adjunct professor business and marketing – 2000 - 2005
- Education:** Southern Illinois University (B.S. Merchandising)
Ohio State University (MBA Marketing)

Family: Married, wife Valerie, one daughter Christie (married), two grandchildren Alivia, and Marius. Three step children, Thomas, Ian, Katelyn (married), and 3 step grandchildren.

Health: Excellent

Post

Retirement: **2001** - Had sailboat (Catamaran) built in Durban South Africa, Picked it up at the factory and sailed it to Los Angeles California, 11,000 nautical miles.

2009 – Delivered (sailed) a 45' sailboat from Los Angeles to Vanuatu, South Pacific, 7,500 nautical miles.

2008 – Sailed twice as skipper from California to Hawaii on yacht deliveries, 2,500 nautical miles each.

2013 – Published book *First Time Across*, available on Amazon.

2014 – Moved to the Gulf coast

2017 – Cruised the *Great Loop* water way around the eastern US and Canada, 6,000 nautical miles.

Gilberto Colon - BOD Candidate

Gilberto Colon

SUMMARY: Highly qualified, results-oriented individual with over 30 years progressive responsibility and leadership experience in healthcare management, program management, training and process improvement.

An articulate, inquisitive individual with a reputation for helping others understand. Excellent systems thinker. An influential team player. Proven team builder and skilled problem solver. Experienced in health care. Knowledge executive manager.

Lean Six Sigma Black Belt
Managing Change
Conflict Management
Clinical Management

Organizational Development
Team Builder and Maintainer
Performance Management

Oral & Written Communications
Healthcare Administration
Coaching and Mentoring

PROGRAM MANAGEMENT

- Developed and created the Standard of Grade Tables for seven medical skill professions expediting the approval and implementation process.
- Monitored the life cycle management functions of 11 Army enlisted military occupational skills which resulted in positive changes to grade structure and career progression.
- Coordinated the movement of approximately 1,500 Army Healthcare Specialist into and out of the Advanced Individual Training and operational assignment per year.
- Developed future leaders through the implementation of a counseling programs for Soldiers and Department of Defense employees participating in leadership roles.
- Increased cohesion and teamwork in multiple organizations by implementing standards for recognizing staff achievements while eliminating barriers.

LEADERSHIP

- Served as the Command Sergeant Major for the Department of Defense 5th largest Medical Center, consisting of over 4,000 healthcare professionals and over 50 academics instructors.
- Served as the Brigade Command Sergeant Major for the Army's largest Medical Brigade consisting of five training Battalions with over 1,200 Cadre and over 3,250 medical professional students
- Served as the Battalion Command Sergeant Major for the Army's most complex and diverse training battalion with 270 cadre and an average daily student load of over 1400 students
- While serving as the division surgeon Sergeant Major, routinely coached and mentored over 25 medical operation officers and NCOs on medical readiness, leadership, and discipline issues.
- Senior Enlisted master trainer and talent manager for to over 13,000 enlisted Soldiers within the 68 CMF assigned to 101st Airborne Division.
- Supervised the administration of over 4,000 medical evaluation and inspection of Armed Service applicants for all services at a Joint Service Military Entrance Processing Station.
- Supervised, trained, and resourced an Army student company with over 450 enlisted students enrolled in a healthcare specialist training programs.
- Served as the Senior Health Care Noncommissioned Officer for the Army Medical Department Personnel Proponent Directorate's enlist division which managed 24 Military Occupational Skills and 12 Additional Skill Identifier within the medical field.
- Served as the Senior Clinical NCO in the Department of Specialty Care, serving over 23,000 beneficiaries, supervising over 60 military and 75 civilian personnel in 10 clinics with various specialties.

Gilberto Colon Resume

PROCESS IMPROVEMENT AND LEADING CHANGE

- Developed the first-ever Division Surgeon Tactical Standard Operation Procedures, which lead to the standardization and improvement of health service support for 5 brigades consisting of over 15,000 Soldiers.
- Developed a 68CMF talent management system for 101st Airborne Division that ensured operational units had the right Soldier with the right skills, attributes and behaviors.
- Developed and implemented non-existing training tracking systems within 5 Army Medical Organizations increasing their medical readiness.
- Assisted in the identification of process gaps in 2 clinics, capturing of over 6,000 relative values units previously unaccounted, resulted in the awarded of 2 million dollars to the organization.
- Developed, prepared, and implemented a performance improvement plan for 11 clinics within the Department of Specialty Care resulting in the Health Center obtaining the Joint Commission accreditation.

ORGANIZATIONAL DEVELOPMENT AND TRAINING

- Supported and staffed as a leader within the creation of an Army Health Clinic's integrated annual training plan that addressed requirements arising from roles as an Army Organization, a Health Care Organization and a Learning Organization.
- Extensive training and practical experience in critical thinking, systems approach to problem solving, and expectation management; successfully lead teams to accept and implement new business processes.
- Identified deficiencies in the lifecycle management of controlled medical items and created a team to develop new, shared and internalized policies on the identification of requirements for, acquisition of, and receipt, inventory, storage and use of controlled medical items for a health care activity.
- Expert at building reliable channels of management information from subordinate organizations with varying degrees of experience and skills.

POSITION CHRONOLOGY

US Army, US and worldwide assignments 2005 – present

Command Sergeant Major	Madigan Army Medical Center	June 2023 - Present
Command Sergeant Major	32d Medical Brigade, TX	Oct 2020 – June 2023
Command Sergeant Major	187 th Medical Battalion, TX	May 2018 – Oct 2020
Division Surgeon Sergeant Major	101 st Airborne Division, KY	June 2017- Apr 2018
Operation Sergeant Major	18 th Medical Command, HI	June 2015 – June 2016
Senior Health Care NCO	AMEDD Center and School, TX	Sept 2014 – June 2015
First Sergeant	232 nd Medical Battalion, TX	Aug 2012 – Feb 2014
Senior Career Advisor	AMEDD Center and School, TX	Dec 2011 – Aug 2012
Medical NCOIC	Military Entrance Processing Station, WV	Oct 2009 - Oct 2011
Medical Health Care NCO	Military Transition Team, Iraq	Dec 2007 – Sept 2009
NCOIC, Department of Specialty Care	McDonald Army Community Center	Aug 2005 - Mar 2007

EDUCATION

Master of Health Administration, University of Phoenix, AZ June 2017
Bachelor of Science in Health Administration, University of Phoenix, AZ, January 2012
Master Resiliency Trainer, Penn State University, PA, 2015

TRAINING AND CERTIFICATION

United States Army Sergeant Major Academy Graduate, USASMA Class 67, TX, 2017
American College of Healthcare Executive Member, 2015- Member ID: 928204

Gilberto Colon Resume

Medical Operation Training, Joint Base San Antonio, TX, 2015
Black Belt Lean Six Sigma Certification, Management and Strategy Institute, PA, 2015
Battle Staff Training, Fort Bliss, TX, 2017
Combat Capability Developer, Joint Base San Antonio, TX, 2012
Equal Opportunity Leader, Fort Eustis, VA, 2006
National Registered Emergency Technician-Basic, Joint Base San Antonio, TX, 2017
Field Sanitation Team Trainer, Fort Benning, GA 1998

SKILLS AND INTEREST

Computer literate: Microsoft Office, including Word, Excel, PowerPoint, Outlook, SharePoint and Access. Youth soccer coach and Scoutmaster. Marathon runner.

Alli Flowers - BOD Candidate

Adjunct Professor

Highly knowledgeable, analytical, and student-focused professional with extensive experience developing curriculum, evaluating student performance, and managing classroom activities.

Instructional leader with proven history of leveraging innovative technologies while ensuring delivery of optimal educational services. Credible success in providing leadership direction, guidance, and mentorship to novice teachers and students by understanding needs with a focus on promoting academic and personal growth. Recognized for enhancing performance by building, directing, expanding, and training high-caliber staff. Articulate communicator; skilled at fostering and maintaining long-lasting relationships with colleagues and students at all levels.

Career Experience

Instructional Coach, HMM –remote/contract

2024 – 2024

- Provided initial training to teaching faculties across the United States on using *Into Literature* and *Writable*.
- Mentored individual teachers (6-12) in integrating technology and developing literacy plans.

Technology Coach, Pathway Middle School – Mobile, AL

2017 – 2020

Lead integration of technology in classrooms designed to provide relevant and engaging learning experiences for all learners. Deliver effective coaching to staff members in development and implementation of technology-enhanced learning experiences.

- Conducted knowledge-rich and focused training sessions for enabling faculty to deliver high-quality remote instruction during Covid.

Teacher, Chair – Electives Department, LeFlore High School – Mobile, AL

1995 – 2017

Instructed French I, II, III, and IV as well as creative writing and language remediation through multiple teaching and learning methods. Recipient of four Donor'sChoose projects for classroom technology. Recipient of Jordan Fundamentals Grant, 2004, which recognizes outstanding teaching and instructional creativity in public secondary schools to serve economically disadvantaged students. Developed foreign language portion of <http://tripforteachers.org> by conducting thorough web-based research resulting in adoption by Education Departments in other states. Acted as member of textbook adoption committee for Mobile County from 1998 to 2006. Participated as member of curriculum writing committee for Mobile County Public School System.

- Prepared and executed Title I budget through assessment of each line item.

ACCESS (Distance) Teacher, Troy State University – Troy, AL

2009 – 2011

Provided French I instructions to diverse students across state of Alabama with limited/no access to language instruction, aimed at attaining competency in French by leveraging ACCESS (D2L) LMS.

...continued...

Presenter, ISTE 2020 (postponed), Promoting Positive Parent Participation.

Presenter, ISTE 2019, Leveraging Alexa as Review/Test tool.

- Delivered educators with potential advantages of using Alexa for conducting test and quiz review.

Presenter, ISTE 2018, District-Wide Collaboration using Microsoft OneNote.

- Demonstrated several ways of Microsoft OneNote's uses for school systems to optimize district plans.

Director of Customer Satisfaction for Ascendo, Inc. (DataVault and VidaLingua multi-language dictionaries).

Education

Ph.D. in Instructional Design

Dissertation title: Parent Engagement, Distance Learning, and Covid: A Transcendental Phenomenological Study
Keiser University – Fort Lauderdale, FL

M.Ed. in Secondary Education

University of South Alabama – Mobile, AL

B.S. in French

Bowling Green State University, Bowling Green, OH

Licenses & Certifications

Certified to teach K-12 in Alabama

Microsoft Innovative Teacher (MIE)

Microsoft Word (MOS-Word)

Google Level 1 and 2 Certified Teacher

Hillary Johnson - BOD Candidate

HILLARY JOHNSON

CONTACT

[REDACTED]

PROFILE

I am a lifelong resident of Daphne and have owned a home in the Lake Forest community for nearly 7 years. I'm a detail oriented, professional individual, with a variety of skill levels in Law Enforcement, Management, Billing, and Project Management.

I look forward to supporting neighborhood communication, maintaining community standards, and contributing helpful ideas to improve the quality for all residents. I have also served as a member of the Events Committee since its founding in 2023.

EXPERIENCE

OberaConnect, LLC

2024 - current

Job duties include but are not limited to coordinating, organizing, and overseeing the daily operations of the company, managing & improving operational practices, resource allocation, and ensuring project deadlines are met.

Uniti Fiber

2022-2024

Job duties include, but are not limited to: managing invoices and billing for Wholesale, Wireless and Enterprise segments, tracking and collecting payments, maintaining customer relationships, resolving payment disputes, preparing reports, ensuring SOX compliance.

Altaworx, LLC

2016-2022

Job duties include but are not limited to coordinating, organizing, and overseeing the daily operations of the company, managing & improving operational practices, resource allocation, and ensuring project deadlines are met.

EDUCATION

Daphne High School

Faulkner State
Criminal Justice

Victor LeJeune - BOD Candidate

Victor LeJeune

EXPERIENCE DATA

- Board Member of Jubilee Pickleball Club
- Board Member of the City of Daphne Recreation Board
- Previous Co-Owner of Market by the Bay Seafood Fresh Market and Restaurants – Location Daphne and Fairhope
- Owner of VHL Enterprises – Power Industry Technical Training Company
- Over 30 years' experience in the Power Industry working for the following companies:
 1. Alabama Power Company – Operated Coal Fired Power Plants
 2. Cajun Electric Cooperative – Baton Rouge, Supervised the startup of a 600-mw coal fired unit
 3. B&W – Boiler manufacturing company – assisted in the startup of their training company
 4. Mirant Philippines – Manager of Technical Training for multiple facilities in Asia – Resided in Asia for 5 years from 1998-2003

PERSONAL DATA

Military Service – United States Air Force Honorably Discharged – 1969-73

Education – Attended Vigor High School and graduated in 1968 - Received an associate's degree in education from Faulkner State

Family - Born in Jeanerette, Louisiana in 1950 – Grew up in Chickasaw, Alabama

Married to Hollie Allen LeJeune for 55 years – Two sons Chad and Robin and four beautiful grandchildren Lexi, Libby, Aiden and Xander and one great grandchild Eloise

Daphne Resident - Moved to Daphne in 1995 from Lynchburg, Virginia

ADDRESS

[REDACTED ADDRESS]

CONTACT NUMBER

[REDACTED CONTACT NUMBER]

Tom Opdyke - BOD Candidate

TOM OPDYKE

Daphne, AL 36526

Qualifications Summary

Branding and marketing consultant. Stage and film actor. Commercial voiceover artist. Published author. Award-winning print and broadcast investigative journalist. Nonprofit board member. Managed staffs of more than 100 and budgets exceeding \$5M. Extensive record of achieving best outcomes through leadership, workflow management and inclusiveness. Volunteer director Lake Forest Property Owners Association since 2024.

830Media

2008-Present

Owner of public relations and marketing agency specializing in software developers and IT service providers. Clients range from Fortune 500 CPGs to international investment analysts. Pro bono public affairs consultant for nonprofit focused on environmental preservation.

NEWSPAPER

Atlanta Journal-Constitution

1989-2008

Editor and reporter

➤ Management

- Reformulated and directed Georgia government and politics reporting teams.
- Planned and executed strategy for covering presidential and gubernatorial elections.
- Co-directed major restructuring of metro news mission for more than 100 staff that strengthened community connections and enhanced advertising opportunities.
- Managed and coached freelance pool that contributed to community editions.

➤ Leadership

- Conducted military and community focus groups and roundtables to collect feedback about the newspaper and improve relationships.
- Created and implemented staff goals for simplified writing and presentation that made complex subjects more accessible to readers.
- Developed newspaper's first plan to coach staff in writing breaking news for the web.
- Pioneered and voiced first newspaper podcast, about performance of two New Orleans hospitals during Hurricane Katrina.

➤ Editing and reporting

- Researched and wrote article on origins of controversial 1956 Georgia flag that is widely quoted in political and scholarly work.
- Led editing and reporting teams that produced three federal indictments and convictions of politicians; wrote articles that forced resignation of a lieutenant governor

Philadelphia Daily News, Philadelphia, Pa.

1988-1989

City Editor

- Designed and directed coverage of Democratic and Republican national conventions.
- Conceived and edited Silver Gavel-winning series on county judges who collected paychecks but rarely showed up for work.
- Restructured newsroom staff of 80 to trim costs by 10 percent and enhance productivity without eliminating positions.

CNN Radio News Network anchor. CNN-TV news writer. Talk radio host, WWDB, WFIL Philadelphia. Disc jockey, WYSP, Philadelphia; KRMH, Austin, TX; KNTD, Wichita Falls, TX.

Teaching/Speaking Appearances

Cox Newspaper Academy: Instructor: Breaking News Reporting
Guest lecturer in journalism: Kennesaw State University, Georgia Perimeter College
Guest lecturer in marketing: Kennesaw State University MBA program
Instructor: American Press Institute, enterprise reporting and editing
Journalism instructor: Temple University, Annenberg School of Communications
Guest speaker: Pennsylvania Women's Press Association
Guest speaker: National Highway Traffic Safety Administration, Southeast regional conference

EDUCATION

Temple University, B.S., Journalism
American Press Institute Newsroom Leadership
Knight-Ridder Executive Management
American Press Institute Executive Leadership
Cox Newspapers Leadership Development
Community Association's Institute budget and reserve study seminar

AWARDS/ACHIEVEMENTS

Interview subject: Poynter Institute "Chip on Your Shoulder" column on podcasting for newspapers
Guest expert/political analyst: WSB, WAGA, WAEB-TV, WAEB-FM
Best of Cox Newspapers: Breaking News Award, 2007, 2006, 2004 and 2002
Georgia Associated Press Award, Deadline Reporting, 2007, 2002
Georgia Associated Press Award, Public Service, 2002
National Bar Association Silver Gavel Award, 1990
Contributing writer to "True South," anthology of southern culture.

COMMUNITY ACTIVITIES

Director, Lake Forest Property Owners Association (2024-present)
Volunteer, Lake Forest Cares community service organization
Lake Forest POA Committee member (Documents and Bylaws 2020; Communications 2025, 2019-2020; Lake Restoration 2019; 2023-present).
Member Community Associations Institute
Member, Mobile Mobsters, which sponsors baseball and life skills clinics for urban youth.
Community theater actor
Former amateur baseball umpire
Former baseball coach
Former volunteer, historic Strand Theater
Former volunteer PR director, Keep Cobb Beautiful

Misty Sabol - BOD Candidate

Misty Sabol, DBA, MA, PHR
Candidate for Lake Forest POA Board of Directors
Lake Forest Community, Daphne, Alabama

Community Leadership Profile

Community-focused leader with experience in **board service, financial oversight, strategic planning, and resident advocacy**. Proven ability to analyze complex information, ask the right questions, and work collaboratively to support the long-term health, transparency, and sustainability of the Lake Forest community.

Lake Forest POA Board Experience

- Provided active governance oversight for one of Alabama's largest residential communities
- Reviewed and evaluated **budgets, expenditures, and reserve considerations**
- Participated in **policy discussions, committee work, and strategic decision-making**
- Advocated for **resident communication, transparency, and responsible stewardship**
- Brought data-driven and long-term perspectives to board deliberations

Relevant Experience

- Experience serving in **decision-making and advisory roles**
- Skilled in interpreting **financial reports, contracts, and operational data**
- Comfortable navigating **complex organizational and stakeholder environments**
- Strong background in **ethics, accountability, and process improvement**
- Advises organizations on **strategy, analytics, and systems effectiveness**
- Teaches business analytics and decision-making at the college level
- Experienced in translating technical information into **clear, actionable insights**

Key Skills for POA Board Service

- Community governance & fiduciary responsibility
- Budget review & financial literacy
- Strategic planning & long-term thinking
- Policy evaluation & compliance awareness
- Collaborative leadership & respectful dialogue
- Resident-centered problem solving

Education & Credentials

- Doctor of Business Administration- Data Analytics
- Master of Arts- Management
- Bachelor of Science- Business Administration
- Professional in Human Resources (PHR)

Sharon Saint Laurent - BOD Candidate

Resume

Sharon Clanton Saint Laurent

Married 31 years to Ronald James, my children Patricia Carol Windham Jackson and Tim Windham with 9 grandchildren and 3 great-grandchildren.

Work Experience

1977-1992 Co-Owner Windham Grocery, Gas Station and Post Office

1979 State Farm Insurance Grove Hill, AL

1986-1992 Owned Old Homestead Florist

1988- Alabama Certified Floral Designer and Shop Manager

2013-2014 Flour Girl Bakery, Mobile, Al

2016-2019 Frogmore Boutique Saraland, Al

Over 60 years in Florist Career in various jobs, Bell Bouquet Florist, Bennett Bouquet Florist, Cleveland Florist, All A Bloom Florist, Windsor Florist

Hobbies include sewing, cake decorating, band and booster 1) Leroy 2) Jackson Academy 3) Satsuma and 4) Saraland

Softball, Golf- Ladies and seniors

President of Quail Creek Ladies Golf for 2 years

Gardening Citrus Tree, Pecan Trees, Flowers

President of LGA in Lake Forest 2 years

Presently Interclub chair 2 years