



LAKE FOREST

FEBRUARY 2026

NEWSLETTER



LAKEFORESTCC@LAKEFORESTDAPHNE.COM

251.626.0788

Lake Forest Elections are Underway

Election season is officially underway, and excitement is building across Lake Forest as we prepare for the 2026 LFPOA Board of Directors election. With four (4) seats open and eight (8) candidates, this election is going to be one for the storybooks!

One of the best opportunities to learn more about the candidates is the upcoming Candidate Forum on February 25, 2026, at 6:00 PM at the 19th Hole. This informal gathering gives members a chance to meet the candidates and ask questions. While candidate attendance is optional, many choose to participate to connect with the community.

Proxy ballots will be mailed out soon, giving every member the chance to review the candidates and vote at their convenience. Members may also vote in person at the Annual Meeting on March 26, 2026. Candidate résumés are included at the end of this newsletter, and additional election details, including candidate statements, candidate photos (if provided), procedures, and key dates, can be found on the Elections page of the member website.

Let's make this an informed, engaging, and successful election season for our community.

All members must be in good standing as of February 24th to be eligible to vote



CANDIDATE RESUMES START ON PAGE 23. FOR FULL DETAILS ON ALL THE CANDIDATES, PLEASE VISIT OUR BOD ELECTIONS PAGE: www.lakeforestdaphne.com/bodelections

Inside this Edition

Why I Moved

Our friends and neighbors in Lake Forest have varied reasons for moving here. Some cite work. Others make the choice for quality schools or for our range of amenities. Each brings a unique story, and some have lived here more than once. Get to know your new neighbors each month as they tell their stories in their own words. See Bill and Linda Catrett's tale on Page 5

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Fees for Boat Dry Storage Increasing

Fees for boat dry storage at the community-owned site next to the Waterfront restaurant will increase from \$55 to \$75 beginning March 1.

The site has storage capacity for about 40 boats, depending on size. There are no available spaces at the moment, but Lake Forest residents receive priority on the waiting list.

Proof of state registration and insurance are required to use the storage.

Potential New Operator Tours Lake Forest Stables



Lake Forest officials have begun meetings with potential operators of the neighborhood stables.

Three members of the Infrastructure Committee and General Manager Jeff Arrant met Jan. 24 with the first potential operator.

“We see the stables as an important and unique amenity and would very much like to keep it operating if it is economically feasible to the association and a new operator,” said LFPOA President Matt Laws, who also chairs the Infrastructure Committee.

“I was encouraged,” he added. “We spent nearly three hours talking about possibilities, and this operator has some creative approaches.”

Arrant said he will continue searching for other potential operators who might be interested in bidding on the stables contract.

The stables occupy about 40 acres off Meadow Wood Drive, which is off Lawson Road, on the far eastern side of the Lake Forest development. Trail riding, lessons and boarding have been offered over the years.

Young Readers Program Gets Windfall of New Books

The Lake Forest library recently got its book rack replenished by a donation of 429 children's books from Remington College.

"This was just an amazing demonstration of generosity," said LFPOA Director Charlotte Graham, who coordinated the community's summer literacy drive. "Remington's donation helps us broaden the age range and title range in our free book selections."

Books in the Sesame Street and We Are Girls series were among the donations, which also include fun adventures, such as Scooby-Doo "Mummies at the Mall."

Remington holds a book donation drive each year and donates to a local program, said Jenna Hallenbeck, the school's director of career services and book drive coordinator.

"Most of the students in our programs have their own young kids, so they understand the need for reading," she said.



The library is at the LFPOA clubhouse, in the room off the main dining where the monthly directors' meeting is held. Children may select what they want and keep or return the books when finished with them.

Remington is a career technical/trade school that offers programs of nine, 18, and 24 months leading to diplomas and

associate degrees in cosmetology, medical assisting, medical assisting with X-ray tech, heating ventilation and air-conditioning, and process technology, which teaches system operations, instrumentation and process safety.

Its Mobile campus is at Downtowner and Airport boulevards.

Why I Moved to Lake Forest

'A Practical Solution'

By Linda Catrett

My husband, Bill, and I had wanted to move from West Mobile for many years.

Having spent 30 years there, we watched many changes happening around us: population increases, traffic congestion and a feeling that we weren't as safe in the neighborhood as we once were.

We work in Mobile. Bill is the superintendent at Spring Hill Golf Course, and I work in a health-care laboratory.

We considered many moving options but settled on Baldwin County.

Lake Forest was a practical solution for us when we purchased our home last year: close enough to family in Robertsdale and an easy commute to work.

We liked Lake Forest because of the uniqueness of the community -- no cookie-cutter homes, the peacefulness and the family atmosphere.

Anything we need to buy is in a store not too far away, and there are great restaurants when we don't feel like cooking.

Our new neighbors all made us feel welcome when we were moving in and they are very respectful of one another's privacy and peaceful enjoyment.

We couldn't be happier and love our new community.

Tell us why you moved to Lake Forest. Send you story of up to 400 words to editor@lakeforestdaphne.com



Linda and Bill Catrett with friend Doug Estle



19th Hole
GRILL 

MARDI Grass!

TRUNK OR TREAT

FEB. 16 10 AM TO 12 PM

Hot Dogs, Cotton Candy,
Throws and Decorations

Call the LFPOA office at
251-626-0788
if you want to
volunteer and decorate
your car

LFPOA Members Only

Final Report on Ramsey Investigation

As a wrap up to the investigation into the alleged email abuse by Byrian Ramsey, the former LFPOA Board president, the board asked IT security consultant Ben Jones a series of written questions.

Ramsey, multiple members alleged, used private member emails to solicit support for his political campaign or promote his soap and candle company. Jones' investigation found Ramsey was not able to access personally identifiable information of members.

Here are the questions and Jones' responses:

Q: What systems or databases did Byrian Ramsey have access to?

A: Microsoft 365 for email services.

Q: What type of information was available in these systems or databases?

A: Email correspondence.

Q: When was the last time these systems or databases were accessed by Byrian Ramsey?

A: September 22, 2025.

Q: What assurances can we give the members that nothing nefarious was done by Byrian with/to our systems? [Editor's Note: The LFPOA uses Jonas Club Software for membership management, including financial transactions.]

A: Byrian did not have access to Jonas Club Software or the office's network resources, and the member listing he obtained through proper channels as a board member did not contain sensitive personally identifying information as defined under the Code of Alabama Title 8 Chapter 38. It is also worth noting that even if he had access to Jonas, which he did not, Jonas doesn't store sensitive personally identifying information as defined under the code.

Q: How can the LFPOA systems be made more secure?

A: I would recommend implementing an end user acceptable use policy to be signed by all employees and board members. I would recommend that multifactor authentication be used for Microsoft 365 and other systems that allow for it if not already doing so.



BALDWIN COUNTY MARDI Gras PARADE SCHEDULE

Feb. 6

6:45 p.m. - Apollo's Mystic Ladies (Daphne)

Feb. 7

6:30 p.m. - Knights of Ecor Rouge (Fairhope)

Feb. 13

6:45 p.m. - Maids of Jubilee (Fairhope)

Feb. 14

2 p.m. - Krewe of Mullet Mates (Fairhope)

6:45 p.m. - The Shadow Barons (Daphne)

Feb. 15 (Joe Cain Day)

2:29 p.m. - Loyal Order of the Fire Truck (Daphne)

Feb. 16 (Lundi Gras)

6:45 p.m. - Order of Mystic Magnolias (Fairhope)

Feb. 17 (Fat Tuesday)

10 a.m. - Gulf Shores Parade

2 p.m. - Orange Beach Parade

A member asks:

Q: I couldn't see the January stated meeting on Zoom. What happened and will I be able to see it later

A: A software problem with two Microsoft products prevented Lake Forest members from viewing the Jan. 22 monthly meeting on Zoom.

Because the Microsoft Outlook email client and Microsoft Teams, the collaboration software, were down during the time of the meeting, our technical team was unable to receive the typical authorization email it gets from Zoom via Outlook.

Without the link and a response from the technical team, Zoom would not launch.

Unfortunately, the MS issues also meant the meeting could not be recorded.

We will endeavor to get the meeting documents up on our website as soon as possible.

Ask Us About...

Want to know something about how the association operates or key dates for events during the year? How about more information about elections or the budget?

Send your queries to editor@lakeforestdaphne.com

The New Daphne City Council

Three of Daphne's seven council members are new this year. Here is the contact information for all council members.



District 1
Tommie Conaway,
councildistrict1@daphneal.com,
251-379-7057



***District 2**
Steve Olen,
councildistrict2@daphneal.com,
251-327-1002



***District 3**
Joel Coleman, council pro-tem,
councildistrict3@daphneal.com,
251-263-1042



District 4
Oliver Roberts,
councildistrict4@daphneal.com,
251-776-3855 (new)

The New Daphne City Council



***District 5**
Stephanie Ganey-Messinger,
councildistrict5@daphneal.com,
251-620-1113 (new)



***District 6**
Ben Hughes, president,
councildistrict6@daphneal.com,
251-689-9249



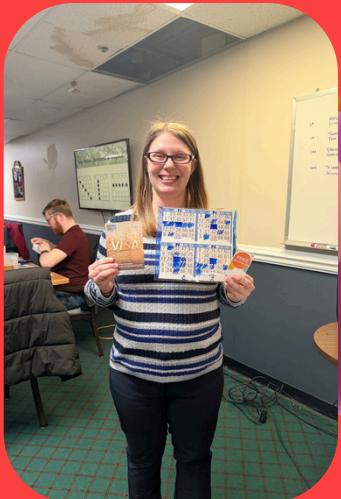
District 7
Jennifer Green,
councildistrict7@daphneal.com,
251-263-1066 (new)



**CLICK FOR CITY
COUNCIL DISTRICT MAP**
Enter your address on
the council map

***Includes part of Lake Forest**

January Bingo Winners



Game 1, Jena



Game 2, Doris



Game 3, Bill



Game 4, Darren



Game 5, Mary



Drawing winner
Lindsay



Drawing Winner
Angel



Drawing Winner
Marcene

**Catch the next
Burgers and Bingo
night Feb 18.**

ARE YOU READY
BURGERS AND

B I N G O

FEB. 18

Great Prizes!!

Burger Special 4 p.m. to 8 p.m.

BINGO 7 p.m. to 8:30 p.m.

Bingo Cards are for LFPOA Members Only



FISH FRY SPECIAL ALL DAY FRIDAY UNTIL 5 PM, STARING FEB. 20

Fish, hush puppies, fries and
your choice of tartar or
cocktail sauce

Only

\$10.99!



Yard Sale Set for April 17-19

By Alli Flowers

The Lake Forest Women's Club held their first meeting of 2026 on January 15. The guest speaker for this meeting was Mark Farlow, who spoke on Preparing for the Future / What to do BEFORE something happens. Mark provided handouts and recommendations for what everyone needs to have available in case you should become incapacitated or die. If you'd like to receive copies of these helpful handouts, please contact Terre Farlow directly.

Along with approving the November and December treasurer's and secretary's reports, it was decided that the Women's Club will hold its spring yard sale the weekend of April 17-19. This should give everyone in Lake Forest time to start cleaning out those garages and attics. The Club also decided that to be added to the yard sale map will be a \$5 fee going forward. Suspense dates will be provided as we get closer to spring.

Lake Forest Life

If you have news, we want to share it with your neighbors.

Important wedding anniversaries, milestone birthdays, births, weddings, graduations or other key points in life – drop us a line. Photos are encouraged. Please include contact information. editor@lakeforestdaphne.com

Garden Club News

By Jan Spiccianni

Thursday, February 5th at 10 am, Michelle Prouty will share about foundation planting suggestions for the Daphne area. Michelle owns Cornucopia Nursery on Highway 181 and loves plants of all kinds. The club is open to guests, and this would be a good meeting to learn more about shrubs that thrive in this community, including types of azaleas.

Week's Bay Visitors Centre was our January Field Trip, followed by the East Shore cafe. The weather was perfect, as was our tour guide, Cathy and the cafe made a tasty lunch to be sure.



From the left, Jane Spiccianni, Chylene Kampenga, Dana Sawyer, Selena Vaughn, Sheila Steele, Judy Simpson, Susan Waites, and Grace Jones with the green hat.

Golf Pro's Corner

By Todd Bailey

Well well well, January has not disappointed with its cold blasts the last couple of years, and this month has been more of the same with a rinse, thaw, and repeat strategy. As we begin a new month, it also looks like February is also gonna do February things, at least for the first couple of days, but if you're brave, we will be here for you. We can only hope the rest of February will provide some mild temperatures for our members and guests, so come on out and get a few holes in.



The schedule of events for the upcoming month will include the Sand Crabs on February 9th and The Annual Daphne High Mardi Gras invitational on February the 25th. Depending on the number of girls playing, this event is planned be a shotgun start at 9:00 am. We will update the calendar accordingly as we receive an accurate number of entries.

This is a great time of year to check your equipment and see if you might need to update that driver, those wedges, or grips for the coming spring golf season. We offer a full service Pro Shop and can help with all your golfing needs, and I would be happy to help make 2026 a great year to meet or exceed your goals on the course.

Finally, don't forget about our member organizations. The MGA will have a meeting early this month to vote for board members and announce the tournament schedule for 2026, and our LGA will be preparing for two events in March, while our Senior Golf Association will be playing on Fridays at 9:00 through the month. Remember...the 13th falls on a Friday in February so those with a healthy dose of triskaidekaphobia, stay away from ladders, mirrors, and get ahead of black cats.... If you have any questions about joining any of the groups above, or if you need a cat sitter for a day, give us a call in the pro shop at 251.626.9324.

Tennis News

By Michael Albrecht



Cold Weather Doesn't Keep Our Tennis Players Away



Wow, what a cold few weeks it's been. Layer up, put the winter hats on, and grab your racquet for some league tennis. Once that sun goes down over the hill at the racquet club, the temp drops bigtime, with night league play only begining at 6:30 pm. Congrats to our night time teams for playing great tennis in the cold weather and coming up with wins.

Our beginner kids classes are back for ages 4 to 9. Every Thursday from 5 pm to 5:30 pm for 4, 5 and 6 year olds and 5:30 pm to 6:30 pm for 7, 8 and 9 year olds. All classes are open, so just show up at 197 Country Club Drive.

Learn to play tennis in 2026!! Now is your chance. Sign up for the Lake Forest 2026 Ladies Beginner Tennis Program. The program runs for 5 weeks. Classes are February 25, March 4, 11, 18, and 25. All classes are from 10 am to 11 am.

LFPOA PRESENTS

CHILI COOK-OFF

MARCH 7, 11 AM TO 1 PM



BRING THE HEAT!

Call the office at 251-626-0788 or email
at lakeforestcc@lakeforestdaphne.com,
to register for this event.

**Contest is for LFPOA Members Only.
Anyone can attend and vote.**

www.lakeforestdaphne.com

Calendar of Events

FEBRUARY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	2.	3.	4. MGA Board Meeting 4 pm Burger Special Night 4 to 8 pm	5. Garden Club 10 am	6.	7.
8.	9.	10.	11. Burger Special Night 4 to 8 pm	12.	13.	14. HAPPY VALENTINE'S DAY 
15.	16. MARDI Gras! Trunk or Treat 19 th Hole	17. Happy Mardi Gras!! 	18. BINGO! Burgers and Bingo 4 -8:30pm	19. Women's Club 10 am Work Session 6 pm	20. Fish Fry Special	21.
22.	23.	24.	25. Burger Special Night 4 to 8 pm	26. Stated meeting 6 pm	27. Fish Fry Special	28.
			251-626-0788 www.lakeforestdaphne.com			



STAY INFORMED

Board of directors meets at the clubhouse,
1 Golf Terrace.

Work Session Feb. 19, 6 PM
Stated Meeting Feb. 26, 6 PM

**TO GO
ORDERS**
251-626-4520



www.LakeForestDaphne.com



**TO GO
ORDERS**
251-626-4520

www.LakeForestDaphne.com

ENTREES

Served with your choice of 1 side

Cheeseburger \$7.00

Juicy beef patty served on a toasted bun with lettuce, tomato, onion, and pickles
Add Bacon \$1.50

Double Cheeseburger \$9.50

2 juicy beef patties served on a toasted bun with lettuce, tomato, onion, and pickles
Add Bacon \$1.50

2 Hotdogs \$5.00

Classic hot dogs on a bun, topped with your choice of condiments

Grilled Chicken Sandwich \$8.00

Grilled chicken breast served on a toasted bun with lettuce, tomato, onion and pickles

Fried Chicken Sandwich \$8.00

Fried chicken breast served on a toasted bun with lettuce, tomato, onion and pickles

BLT Sandwich \$6.00

Juicy tomatoes, lettuce and bacon served on sandwich bread

Ham and Cheese Sandwich \$6.00

Sliced ham and melted cheese served on sandwich bread

Grilled Cheese Sandwich \$5.00

A comforting classic - melted cheese between two slices of grilled bread

Chicken Tenders \$7.00

Crispy chicken tenders served with your choice of ranch, BBQ, or honey mustard

Breakfast

Sausage Biscuit \$2.00

Breakfast Sandwich \$6.00

Sides

French Fries \$3.00

Sweet Potato Fries \$3.00

Onion Rings \$4.00

*Consuming raw or undercooked meats or seafood may pose an increased risk of foodborne illness.

1 Golf Terrace, Daphne AL, 36526

WEDNESDAY, FEB 25 – 6 PM

MEET THE CANDIDATES

LFPOA 2026 BOARD OF DIRECTOR ELECTIONS



**Come out to the 19th Hole Grill
and meet the candidates**



Candidate attendance is optional, but encouraged to meet the membership

James Cash - BOD Candidate

JAMES F. CASH



SUMMARY:

A successful 30 year executive management career encompassing marketing, field sales and sales management with officer level administration responsibility. Proven oral and written communication skills; also leadership skills as evidenced through numerous public and private board and committee positions, as well as numerous public speaking, and college level teaching positions.

EMPLOYMENT HISTORY:

1999-present: Retired- Adjunct professor for business and marketing, University of Phoenix, Professional Yacht skipper, 100 ton near coastal USCG Master's license; Professional charter captain and ASA sailing instructor; Business and marketing consultant, Marina Sailing, Inc., Yacht sales – Yacht Exchange, Marina del Rey, CA, Yacht Broker Turner Marine, Mobile, AL, currently write a column for *Latitudes and Attitudes Magazine*, Author of book *First Time Across*.

1995-1999 Director- Marketing, Farmers Insurance Group, Los Angeles, CA (took early retirement option)

1986-1994 President, Huntington National Life Ins. Co., and Director of Insurance Operations for Huntington Bancshares Inc., Also, President Huntington Property and Casualty and Life Insurance Agencies, Columbus, OH

1981-1986 Director, Insurance Markets Development, Nationwide Insurance Group, Columbus, OH

1979-1981 Vice President, Marketing Services, J.C. Penney (Great American Reserve) Life Insurance Co. Dallas, TX

1974-1979 Senior Marketing Consultant, Life Insurance Marketing and Research Association (LIMRA), Hartford, CT

1968-1974 Management trainee Hart Schaffner and Marx, Chicago, IL

Other: Faculty Ohio State University - Graduate Seminar in Life Insurance, Business School – 1991
Faculty University of Phoenix – Graduate and undergraduate adjunct professor business and marketing – 2000 - 2005

Education: Southern Illinois University (B.S. Merchandising)
Ohio State University (MBA Marketing)

Family: Married, wife Valerie, one daughter Christie (married), two grandchildren Alivia, and Marius. Three step children, Thomas, Ian, Katelyn (married), and 3 step grandchildren.

Health: Excellent

Post

Retirement: **2001** - Had sailboat (Catamaran) built in Durban South Africa, Picked it up at the factory and sailed it to Los Angeles California, 11,000 nautical miles.

2009 – Delivered (sailed) a 45' sailboat from Los Angeles to Vanuatu, South Pacific, 7,500 nautical miles.

2008 – Sailed twice as skipper from California to Hawaii on yacht deliveries, 2,500 nautical miles each.

2013 – Published book *First Time Across*, available on Amazon.

2014 – Moved to the Gulf coast

2017 – Cruised the Great Loop water way around the eastern US and Canada, 6,000 nautical miles.

Gilberto Colon - BOD Candidate

Gilberto Colon

SUMMARY: Highly qualified, results-oriented individual with over 30 years progressive responsibility and leadership experience in healthcare management, program management, training and process improvement.

An articulate, inquisitive individual with a reputation for helping others understand. Excellent systems thinker. An influential team player. Proven team builder and skilled problem solver. Experienced in health care. Knowledge executive manager.

Lean Six Sigma Black Belt
Managing Change
Conflict Management
Clinical Management

Organizational Development
Team Builder and Maintainer
Performance Management

Oral & Written Communications
Healthcare Administration
Coaching and Mentoring

PROGRAM MANAGEMENT

- Developed and created the Standard of Grade Tables for seven medical skill professions expediting the approval and implementation process.
- Monitored the life cycle management functions of 11 Army enlisted military occupational skills which resulted in positive changes to grade structure and career progression.
- Coordinated the movement of approximately 1,500 Army Healthcare Specialist into and out of the Advanced Individual Training and operational assignment per year.
- Developed future leaders through the implementation of a counseling programs for Soldiers and Department of Defense employees participating in leadership roles.
- Increased cohesion and teamwork in multiple organizations by implementing standards for recognizing staff achievements while eliminating barriers.

LEADERSHIP

- Served as the Command Sergeant Major for the Department of Defense 5th largest Medical Center, consisting of over 4,000 healthcare professionals and over 50 academics instructors.
- Served as the Brigade Command Sergeant Major for the Army's largest Medical Brigade consisting of five training Battalions with over 1,200 Cadre and over 3,250 medical professional students
- Served as the Battalion Command Sergeant Major for the Army's most complex and diverse training battalion with 270 cadre and an average daily student load of over 1400 students
- While serving as the division surgeon Sergeant Major, routinely coached and mentored over 25 medical operation officers and NCOs on medical readiness, leadership, and discipline issues.
- Senior Enlisted master trainer and talent manager for to over 13,000 enlisted Soldiers within the 68 CMF assigned to 101st Airborne Division.
- Supervised the administration of over 4,000 medical evaluation and inspection of Armed Service applicants for all services at a Joint Service Military Entrance Processing Station.
- Supervised, trained, and resourced an Army student company with over 450 enlisted students enrolled in a healthcare specialist training programs.
- Served as the Senior Health Care Noncommissioned Officer for the Army Medical Department Personnel

Proponent Directorate's enlist division which managed 24 Military Occupational Skills and 12 Additional Skill

Identifier within the medical field.

- Served as the Senior Clinical NCO in the Department of Specialty Care, serving over 23,000 beneficiaries, supervising over 60 military and 75 civilian personnel in 10 clinics with various specialties.

Gilberto Colon Resume

PROCESS IMPROVEMENT AND LEADING CHANGE

- Developed the first-ever Division Surgeon Tactical Standard Operation Procedures, which lead to the standardization and improvement of health service support for 5 brigades consisting of over 15,000 Soldiers.
- Developed a 68CMF talent management system for 101st Airborne Division that ensured operational units had the right Soldier with the right skills, attributes and behaviors.
- Developed and implemented non-existing training tracking systems within 5 Army Medical Organizations increasing their medical readiness.
- Assisted in the identification of process gaps in 2 clinics, capturing of over 6,000 relative values units previously unaccounted, resulted in the awarded of 2 million dollars to the organization.
- Developed, prepared, and implemented a performance improvement plan for 11 clinics within the Department of Specialty Care resulting in the Health Center obtaining the Joint Commission accreditation.

ORGANIZATIONAL DEVELOPMENT AND TRAINING

- Supported and staffed as a leader within the creation of an Army Health Clinic's integrated annual training plan that addressed requirements arising from roles as an Army Organization, a Health Care Organization and a Learning Organization.
- Extensive training and practical experience in critical thinking, systems approach to problem solving, and expectation management; successfully lead teams to accept and implement new business processes.
- Identified deficiencies in the lifecycle management of controlled medical items and created a team to develop new, shared and internalized policies on the identification of requirements for, acquisition of, and receipt, inventory, storage and use of controlled medical items for a health care activity.
- Expert at building reliable channels of management information from subordinate organizations with varying degrees of experience and skills.

POSITION CHRONOLOGY

US Army, US and worldwide assignments 2005 – present

Command Sergeant Major	Madigan Army Medical Center	June 2023 - Present
Command Sergeant Major	32d Medical Brigade, TX	Oct 2020 – June 2023
Command Sergeant Major	187 th Medical Battalion, TX	May 2018 – Oct 2020
Division Surgeon Sergeant Major	101 st Airborne Division, KY	June 2017- Apr 2018
Operation Sergeant Major	18 th Medical Command, HI	June 2015 – June 2016
Senior Health Care NCO	AMEDD Center and School, TX	Sept 2014 – June 2015
First Sergeant	232 nd Medical Battalion, TX	Aug 2012 – Feb 2014
Senior Career Advisor	AMEDD Center and School, TX	Dec 2011 – Aug 2012
Medical NCOIC	Military Entrance Processing Station, WV	Oct 2009 - Oct 2011
Medical Health Care NCO	Military Transition Team, Iraq	Dec 2007 – Sept 2009
NCOIC, Department of Specialty Care	McDonald Army Community Center	Aug 2005 - Mar 2007

EDUCATION

Master of Health Administration, University of Phoenix, AZ June 2017
Bachelor of Science in Health Administration, University of Phoenix, AZ, January 2012
Master Resiliency Trainer, Penn State University, PA, 2015

TRAINING AND CERTIFICATION

United States Army Sergeant Major Academy Graduate, USASMA Class 67, TX, 2017
American College of Healthcare Executive Member, 2015- Member ID: 928204

Gilberto Colon Resume

Medical Operation Training, Joint Base San Antonio, TX, 2015
Black Belt Lean Six Sigma Certification, Management and Strategy Institute, PA, 2015
Battle Staff Training, Fort Bliss, TX, 2017
Combat Capability Developer, Joint Base San Antonio, TX, 2012
Equal Opportunity Leader, Fort Eustis, VA, 2006
National Registered Emergency Technician-Basic, Joint Base San Antonio, TX, 2017
Field Sanitation Team Trainer, Fort Benning, GA 1998

SKILLS AND INTEREST

Computer literate: Microsoft Office, including Word, Excel, PowerPoint, Outlook, SharePoint and Access. Youth soccer coach and Scoutmaster. Marathon runner.

Alli Flowers - BOD Candidate

Adjunct Professor

Highly knowledgeable, analytical, and student-focused professional with extensive experience developing curriculum, evaluating student performance, and managing classroom activities.

Instructional leader with proven history of leveraging innovative technologies while ensuring delivery of optimal educational services. Credible success in providing leadership direction, guidance, and mentorship to novice teachers and students by understanding needs with a focus on promoting academic and personal growth. Recognized for enhancing performance by building, directing, expanding, and training high-caliber staff. Articulate communicator; skilled at fostering and maintaining long-lasting relationships with colleagues and students at all levels.

Career Experience

Instructional Coach, HMH –remote/contract 2024 – 2024

- Provided initial training to teaching faculties across the United States on using *Into Literature* and *Writable*.
- Mentored individual teachers (6-12) in integrating technology and developing literacy plans.

Technology Coach, Pathway Middle School – Mobile, AL 2017 – 2020

Lead integration of technology in classrooms designed to provide relevant and engaging learning experiences for all learners. Deliver effective coaching to staff members in development and implementation of technology-enhanced learning experiences.

- Conducted knowledge-rich and focused training sessions for enabling faculty to deliver high-quality remote instruction during Covid.

Teacher, Chair – Electives Department, LeFlore High School – Mobile, AL 1995 – 2017

Instructed French I, II, III, and IV as well as creative writing and language remediation through multiple teaching and learning methods. Recipient of four Donor'sChoose projects for classroom technology. Recipient of Jordan Fundamentals Grant, 2004, which recognizes outstanding teaching and instructional creativity in public secondary schools to serve economically disadvantaged students. Developed foreign language portion of <http://tripforteachers.org> by conducting thorough web-based research resulting in adoption by Education Departments in other states. Acted as member of textbook adoption committee for Mobile County from 1998 to 2006. Participated as member of curriculum writing committee for Mobile County Public School System.

- Prepared and executed Title I budget through assessment of each line item.

ACCESS (Distance) Teacher, Troy State University – Troy, AL 2009 – 2011

Provided French I instructions to diverse students across state of Alabama with limited/no access to language instruction, aimed at attaining competency in French by leveraging ACCESS (D2L) LMS.

...continued...

Presenter, ISTE 2020 (postponed), Promoting Positive Parent Participation.

Presenter, ISTE 2019, Leveraging Alexa as Review/Test tool.

- Delivered educators with potential advantages of using Alexa for conducting test and quiz review.

Presenter, ISTE 2018, District-Wide Collaboration using Microsoft OneNote.

- Demonstrated several ways of Microsoft OneNote's uses for school systems to optimize district plans.

Director of Customer Satisfaction for Ascendo, Inc. (DataVault and VidaLingua multi-language dictionaries).

Education

Ph.D. in Instructional Design

Dissertation title: Parent Engagement, Distance Learning, and Covid: A Transcendental Phenomenological Study
Keiser University – Fort Lauderdale, FL

M.Ed. in Secondary Education

University of South Alabama – Mobile, AL

B.S. in French

Bowling Green State University, Bowling Green, OH

Licenses & Certifications

Certified to teach K-12 in Alabama

Microsoft Innovative Teacher (MIE)

Microsoft Word (MOS-Word)

Google Level 1 and 2 Certified Teacher

Hillary Johnson - BOD Candidate

HILLARY JOHNSON

CONTACT

PROFILE

I am a lifelong resident of Daphne and have owned a home in the Lake Forest community for nearly 7 years. I'm a detail oriented, professional individual, with a variety of skill levels in Law Enforcement, Management, Billing, and Project Management.

I look forward to supporting neighborhood communication, maintaining community standards, and contributing helpful ideas to improve the quality for all residents. I have also served as a member of the Events Committee since its founding in 2023.

EXPERIENCE

OberaConnect, LLC

2024 – current

Job duties include but are not limited to coordinating, organizing, and overseeing the daily operations of the company, managing & improving operational practices, resource allocation, and ensuring project deadlines are met.

Uniti Fiber

2022-2024

Job duties include, but are not limited to: managing invoices and billing for Wholesale, Wireless and Enterprise segments, tracking and collecting payments, maintaining customer relationships, resolving payment disputes, preparing reports, ensuring SOX compliance.

Altaworx, LLC

2016-2022

Job duties include but are not limited to coordinating, organizing, and overseeing the daily operations of the company, managing & improving operational practices, resource allocation, and ensuring project deadlines are met.

EDUCATION

Daphne High School

Faulkner State
Criminal Justice

Victor LeJeune - BOD Candidate

Victor LeJeune

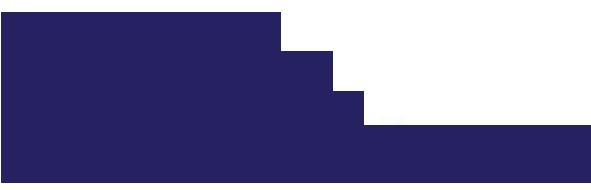
EXPERIENCE DATA

- Board Member of Jubilee Pickleball Club
- Board Member of the City of Daphne Recreation Board
- Previous Co-Owner of Market by the Bay Seafood Fresh Market and Restaurants – Location Daphne and Fairhope
- Owner of VHL Enterprises – Power Industry Technical Training Company
- Over 30 years' experience in the Power Industry working for the following companies:
 1. Alabama Power Company – Operated Coal Fired Power Plants
 2. Cajun Electric Cooperative – Baton Rouge, Supervised the startup of a 600-mw coal fired unit
 3. B&W – Boiler manufacturing company – assisted in the startup of their training company
 4. Mirant Philippines – Manager of Technical Training for multiple facilities in Asia – Resided in Asia for 5 years from 1998-2003

PERSONAL DATA

Military Service –	United States Air Force Honorable Discharged – 1969-73
Education –	Attended Vigor High School and graduated in 1968 - Received an associate's degree in education from Faulkner State
Family -	Born in Jeanerette, Louisiana in 1950 – Grew up in Chickasaw, Alabama
	Married to Hollie Allen LeJeune for 55 years – Two sons Chad and Robin and four beautiful grandchildren Lexi, Libby, Aiden and Xander and one great grandchild Eloise
Daphne Resident -	Moved to Daphne in 1995 from Lynchburg, Virginia

ADDRESS



CONTACT NUMBER



Tom Opdyke - BOD Candidate

TOM OPDYKE

Daphne, AL 36526



Qualifications Summary

Branding and marketing consultant. Stage and film actor. Commercial voiceover artist. Published author. Award-winning print and broadcast investigative journalist. Nonprofit board member. Managed staffs of more than 100 and budgets exceeding \$5M. Extensive record of achieving best outcomes through leadership, workflow management and inclusiveness. Volunteer director Lake Forest Property Owners Association since 2024.

830Media

2008-Present

Owner of public relations and marketing agency specializing in software developers and IT service providers. Clients range from Fortune 500 CPGs to international investment analysts. Pro bono public affairs consultant for nonprofit focused on environmental preservation.

NEWSPAPER

Atlanta Journal-Constitution

1989-2008

Editor and reporter

➤ Management

- Reformulated and directed Georgia government and politics reporting teams.
- Planned and executed strategy for covering presidential and gubernatorial elections.
- Co-directed major restructuring of metro news mission for more than 100 staff that strengthened community connections and enhanced advertising opportunities.
- Managed and coached freelance pool that contributed to community editions.

➤ Leadership

- Conducted military and community focus groups and roundtables to collect feedback about the newspaper and improve relationships.
- Created and implemented staff goals for simplified writing and presentation that made complex subjects more accessible to readers.
- Developed newspaper's first plan to coach staff in writing breaking news for the web.
- Pioneered and voiced first newspaper podcast, about performance of two New Orleans hospitals during Hurricane Katrina.

➤ Editing and reporting

- Researched and wrote article on origins of controversial 1956 Georgia flag that is widely quoted in political and scholarly work.
- Led editing and reporting teams that produced three federal indictments and convictions of politicians; wrote articles that forced resignation of a lieutenant governor

Philadelphia Daily News, Philadelphia, Pa.

1988-1989

City Editor

- Designed and directed coverage of Democratic and Republican national conventions.
- Conceived and edited Silver Gavel-winning series on county judges who collected paychecks but rarely showed up for work.
- Restructured newsroom staff of 80 to trim costs by 10 percent and enhance productivity without eliminating positions.

CNN Radio News Network anchor. CNN-TV news writer. Talk radio host, WWDB, WFIL Philadelphia. Disc jockey, WYSP, Philadelphia; KRMH, Austin, TX; KNTO, Wichita Falls, TX.

Teaching/Speaking Appearances

Cox Newspaper Academy: Instructor: Breaking News Reporting
Guest lecturer in journalism: Kennesaw State University, Georgia Perimeter College
Guest lecturer in marketing: Kennesaw State University MBA program
Instructor: American Press Institute, enterprise reporting and editing
Journalism instructor: Temple University, Annenberg School of Communications
Guest speaker: Pennsylvania Women's Press Association
Guest speaker: National Highway Traffic Safety Administration, Southeast regional conference

EDUCATION

Temple University, B.S., Journalism
American Press Institute Newsroom Leadership
Knight-Ridder Executive Management
American Press Institute Executive Leadership
Cox Newspapers Leadership Development
Community Association's Institute budget and reserve study seminar

AWARDS/ACHIEVEMENTS

Interview subject: Poynter Institute "Chip on Your Shoulder" column on podcasting for newspapers
Guest expert/political analyst: WSB, WAGA, WAEB-TV, WAEB-FM
Best of Cox Newspapers: Breaking News Award, 2007, 2006, 2004 and 2002
Georgia Associated Press Award, Deadline Reporting, 2007, 2002
Georgia Associated Press Award, Public Service, 2002
National Bar Association Silver Gavel Award, 1990
Contributing writer to "True South," anthology of southern culture.

COMMUNITY ACTIVITIES

Director, Lake Forest Property Owners Association (2024-present)
Volunteer, Lake Forest Cares community service organization
Lake Forest POA Committee member (Documents and Bylaws 2020; Communications 2025, 2019-2020; Lake Restoration 2019; 2023-present).
Member Community Associations Institute
Member, Mobile Mobsters, which sponsors baseball and life skills clinics for urban youth.
Community theater actor
Former amateur baseball umpire
Former baseball coach
Former volunteer, historic Strand Theater
Former volunteer PR director, Keep Cobb Beautiful

Misty Sabol - BOD Candidate

Misty Sabol, DBA, MA, PHR

Candidate for Lake Forest POA Board of Directors

Lake Forest Community, Daphne, Alabama

Community Leadership Profile

Community-focused leader with experience in **board service, financial oversight, strategic planning, and resident advocacy**. Proven ability to analyze complex information, ask the right questions, and work collaboratively to support the long-term health, transparency, and sustainability of the Lake Forest community.

Lake Forest POA Board Experience

- Provided active governance oversight for one of Alabama's largest residential communities
- Reviewed and evaluated **budgets, expenditures, and reserve considerations**
- Participated in **policy discussions, committee work, and strategic decision-making**
- Advocated for **resident communication, transparency, and responsible stewardship**
- Brought data-driven and long-term perspectives to board deliberations

Relevant Experience

- Experience serving in **decision-making and advisory roles**
- Skilled in interpreting **financial reports, contracts, and operational data**
- Comfortable navigating **complex organizational and stakeholder environments**
- Strong background in **ethics, accountability, and process improvement**
- Advises organizations on **strategy, analytics, and systems effectiveness**
- Teaches business analytics and decision-making at the college level
- Experienced in translating technical information into **clear, actionable insights**

Key Skills for POA Board Service

- Community governance & fiduciary responsibility
- Budget review & financial literacy
- Strategic planning & long-term thinking
- Policy evaluation & compliance awareness
- Collaborative leadership & respectful dialogue
- Resident-centered problem solving

Education & Credentials

- Doctor of Business Administration- Data Analytics
- Master of Arts- Management
- Bachelor of Science- Business Administration
- Professional in Human Resources (PHR)

Sharon Saint Laurent - BOD Candidate

Resume

Sharon Clanton Saint Laurent

Married 31 years to Ronald James, my children Patricia Carol Windham Jackson and Tim Windham with 9 grandchildren and 3 great-grandchildren.

Work Experience

1977-1992 Co-Owner Windham Grocery, Gas Station and Post Office

1979 State Farm Insurance Grove Hill, AL

1986-1992 Owned Old Homestead Florist

1988- Alabama Certified Floral Designer and Shop Manager

2013-2014 Flour Girl Bakery, Mobile, AL

2016-2019 Frogmore Boutique Saraland, AL

Over 60 years in Florist Career in various jobs, Bell Bouquet Florist, Bennett Bouquet Florist, Cleveland Florist, All A Bloom Florist, Windsor Florist

Hobbies include sewing, cake decorating, band and booster 1) Leroy 2) Jackson Academy 3) Satsuma and 4) Saraland

Softball, Golf- Ladies and seniors

President of Quail Creek Ladies Golf for 2 years

Gardening Citrus Tree, Pecan Trees, Flowers

President of LGA in Lake Forest 2 years

Presently Interclub chair 2 years